



## **CAP Money Course**

St John's Methodist Church has partnered with Christians Against Poverty to offer CAP Money courses in our community. The service we offer is completely free. These courses can be run on-line over zoom, and Covid restrictions permitting, face-to-face.

CAP Money is a simple, yet highly effective money management course that teaches people budgeting skills and a cash-based system that really works. This course will help anyone to get more in control of their finances, so they can save, give and prevent debt. Tens of thousands of people from all walks of life have had their lives changed for the good through this course over the last 10 years.

**The next course will take place over 3 sessions on consecutive Tuesdays at 7.30pm by Zoom on 11, 18 and 25 January 2022. If you wish to book your place, or find out more about the course, call Sue Eckersley on 07713225028 or email [sue-eckersley@hotmail.co.uk](mailto:sue-eckersley@hotmail.co.uk), or alternatively visit [www.capmoney.org.uk](http://www.capmoney.org.uk).**